

Course Invitation

UCT Division of Endocrinology & Diabetic Medicine & CDIA

Practical Introduction to Diabetes for Beginners & Peers

18 – 21 September 2017

08h30 – 16h00

Groote Schuur Hospital, Observatory, Cape Town



Diabetes is a growing health problem worldwide. Lack of trained health care providers is a critical issue impeding the delivery of high quality diabetes care.

This **4-day course** is designed to **equip non-medical healthcare providers** with **essential knowledge and skills** in **diabetes care**. These skills will be transferrable to those affected with diabetes and will empower individuals to effectively manage their condition.

The course will consist of a series of lectures; interactive contact sessions, practical demonstrations and an assessment.

Who should attend?

Health promoters, community healthcare workers and other non-professional health care providers are encouraged to attend.

Course content:

- Module 1: Understanding what diabetes is about
- Module 2: Complications of diabetes
- Module 3: Ways to manage diabetes through lifestyle modification and various therapies
- Module 4: Diabetes and co-morbidities
- Module 5: Diabetes in special situations

A certificate of attendance will be awarded to participants of the course.

Registration & fees

The course fee is R 2 000 (refreshments included)

Please register via our [website](#) or email us ce.administration@uct.ac.za.

Registration closes Friday 1st September 2017.

Continuing Education Unit

Faculty of Health Sciences | University of Cape Town