USE THE ROAD TO HEALTH BOOK

It’s children’s passport to good health

The road to health book is a powerful tool for:

✓ promoting children’s optimal development,
✓ keeping a record of children’s health and medical treatment, and
✓ enhancing the continuity of care.

So help us join the dots, and make sure children don’t fall through the cracks.

I pledge to:

☐ Consult the road to health book
☐ Check that immunisations are up-to-date
☐ Plot the child’s weight and height
☐ Record the child’s developmental progress
☐ Promote good health, hygiene and nutrition
☐ Promote breastfeeding
☐ Discuss the child’s health, growth and developmental progress
☐ Ask the caregiver if she or he has any questions or concerns
☐ Record any treatment or referrals
☐ Write the date of the next visit
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